



BLUE ZONES PROJECT

QUAIL WEST BLUE ZONES PRESENTS

# WALKING GROUP

FOR YOUNG PROFESSIONALS



QW

**NETWORK WITH PEERS & GET SOME STEPS IN!**

With the number of young professionals growing in QW this is a weekly opportunity to network with your peers, get some steps in and then have a drink!

- 30-45 MINUTE WALK FOLLOWED BY HAPPY HOUR! •
- EVERY THURSDAY • 5:30PM • MEET @ TENNIS COURTS •

No Registration Needed